

TIPS ON EATING BETTER FOR KIDS

- Start the day with a healthy breakfast. It refuels the body and provides energy for the day
- Let kids help plan and prepare 1 meal each week.
- Eat together as a family as often as possible.
- Take time eating and chew slowly. It takes
 20 minutes for the brain to tell the body that you are full.
- Eat more vegetables and fresh fruits .Aim for a total 2 cups of fruit and 2 ½ cups of vegetables each day.
- Eat more whole grains .Examples includes
 Oats, Brown rice and whole wheat pasta.
- Drink plenty of fluids.

ENGLISH

- Do one page of English cursive writing book regularly.
- 2. Learn and Recite any 5 Rhymes.
- 3. Read lesson 1 to 5 of English Literature and English supplementary book.
- 4. Learn all the work done in book and notebook.
- 5. Do all the worksheets carefully and neatly.

HINDI

प्र॰1 दो, तीन, चार और पाँच वर्षों से बने शब्द लिखिए और चित्र चिपकाए।

प्र॰2. शब्दो से अ, आ, इ और ई की मात्रा वाले 5 - 5 वाक्यों की रचना करें।

प्र॰3-शब्दरचना पुस्तक का एक पृष्ठ प्रतिदिन करे |

प्र॰४.गुंजन हिन्दी पाठमाल। पुस्तक का एक पृष्ठ प्रतिदिन पढ़ें।

प्र॰5. स्वरों की तोरण बनाएं या व्यंजनो की तोरण बनाएं

या मात्रा वाले शब्दों की रेलगाड़ी बनाएं। (कोई भी एक चुने)

* प्र॰1 और प्र॰2 कक्षा-कार्य पुस्तिका में करना है|

MATHEMATICS

Q1.Write counting from 1 to 200. (Once in a week)

- 2. Write reverse counting from 100 to 1. (Once in a week)
- 3. Write and learn number names 1 to 20. (Once in a week)
- 4. Do 5 sums of Addition (Twice in a week)
- 5. Do worksheets neatly and carefully .
- * Do Q1, 2, 3 and 4 in separate notebook.

EVS

NOTE: DO THE FOLLOWING WORK IN SCRAPBOOK.

- 1. Paste pictures of
- a) Seasons
- b) Types of houses
- c) Means Of transport (air, water and land)
- d) Healthy and Junk food
- 2. Learn and Revise all the work done in book & Notebook.

DIVINITY

- 1.Chant Mool Mantra regularly (at least three times)
- 2. Learn Names of Ten Sikh Gurus in chronological order.

GENERAL KNOWLEDGE

Do the following work on A4 size colorful sheets.

- 1. On the cut-out of your favourite fruit, paste 5 pictures of healthy food and on the cut-out of your favourite ice-cream, paste 5 pictures of junk food. Label the pictures.
- 2. Choose any two festivals. Paste 5 pictures related to these festivals on interesting

cut-outs. For example: food, things we use, clothes we wear, etc. Label the pictures.

3. Learn all the work done in book.

COMPUTER

- 1. Read and learn lesson -1
- 2. Draw or paste the picture of :
 - a. Any 5 Manual machines
- **b.Any 5 Automatic Machine**
- c.Parts of Computer.Label it also.
- . Do the following work in computer notebook.

ART & CRAFT

- 1. Do page no.- 6,7,8 & 9 in Art Mac Book.
- 2.Draw and color any 2 Fruits, Vegetables, Animals and Birds in Art File.
- 3.Make a stick puppet of a smiley (diameter 6x 15cm approximately). Write your name on the stick.
- 4.Paste 4-5 pictures of animals that live: a) on land b) in water, on 2 separate A-4 size- coloured sheets. Label the pictures.
- 5. Make a mask of your favourite animal.

To keep you and your family members fit it's important to do yoga daily. We celebrate YOGA DAY on 21st June on that day all the family members should do yoga and send the pictures to the class teacher on nersonal Whatsann.

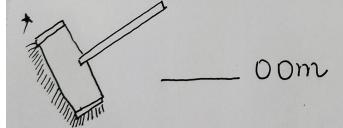
WORKSHEET-1 PICK THE BLENDS

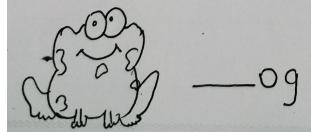
Choose the correct blend to complete the word.

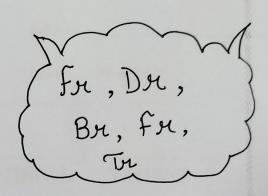












WORKSHEET-2 NOUNS

Read the words given in the box below and arrange and write them alphabetically A TO Z in each of the column.

Advik	parr	ot hos	pital	duck	top
Vaidahi	erase	r bea	ch lion	zoo	
Fork	superma	rket	zebra	sister	table
Puneesh	ı cat	brother	laptop	pillow	
Book	Delhi	School	Mother	tiger	Ashaad
Book	Delhi	School	Mother	tiger	Ashaad

NAME	PLACE	ANIMAL	THING		
WORKSHEET-3 Q1.What type of naming words are these names of					
	ace , animals or (things ?			
a) Kite - _. b) Zebra					

Q1.What person,					are	thes
a) Kite	-			 		
c) Cant	een		.— <u>;—;—;—;—</u> ;—			
d) Mr. N	/lehta -	• <u> </u>				
Q2. Add (one mo	ore.				
a) Fan	сар	jam	ı <u></u>	 		
b) Top	job	cot	- 			
c) Pin	sip	hit	 	 		

Q3. Colour the ball after selecting the odd one out.



Q4. Give one -word answers. Tick to show if your answer					
is a common e	or prop	er noui	n.		
a) Who is yo ————— proper no	 	friend		{comm	on noun /
b) Which is	-	vourite	fruit ?	{con	nmon noun /
proper no	oun }				
Q5.Circle the v	vord tha	t have	similar ı	middle sou	ind as mum.
	Tub	tip	den	cut	
	mom	sun	hat	dog	
	car	fun	bag	nun	
Q6. Write two r				7	
B) Games : ch					
C) Vegetables					
Q7. Rewrite the	e words	in alph	nabetica	l order.	
red hen lon	g ant	dish	fox		

<u>HINDI</u>

WORKSHEET - 1

निम्नलिखित रिक्त स्थानों को व्यंजन लिखकर पूरा

कीजिए:-

क			
		5	
7			
			न
	ब		
	₹		

(क) दोनों वर्णों पर आ की मात्रा (|) लगाकर शब्द बनाइए-

1.ਸਸ

2. तल

3. पप

4. रज

5.कक

6. नन

(ख) जिन व्यंजनों में इ की मात्रा (f) लगी है, उनके नीचे रेखा खींचिए—

1. किसान

2. पिटा

3. चिड़िया

4. पिता

5. मिलना

6. बिटिया

(ग) जोड़कर शब्द पूरा करो-

1.श + र + ब + त -

2.भ + ग + त -

3.प + त + झ + इ -

4.ठ + ह + र -

5. ब + च + प + न -

(घ) वाक्य बनाओ -

1.भारत -

2.काला -

3.रंग -

4.किसान -

5.दिन -

6.नदी -

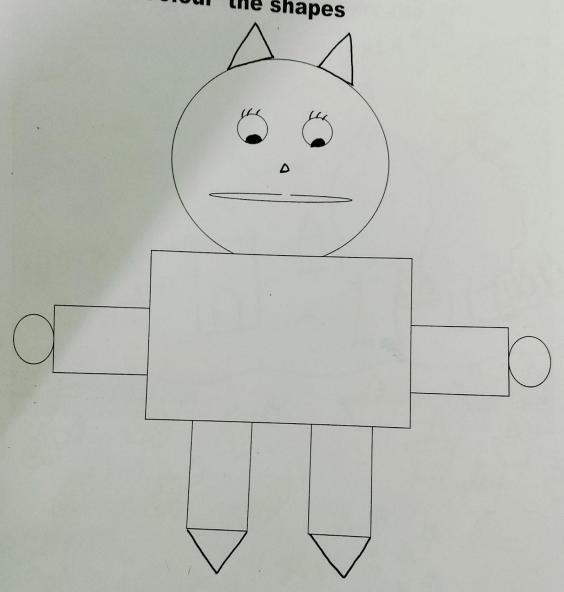
7.रावण-

8.आदमी -



FUN WITH SHAPES

Count and Colour the shapes



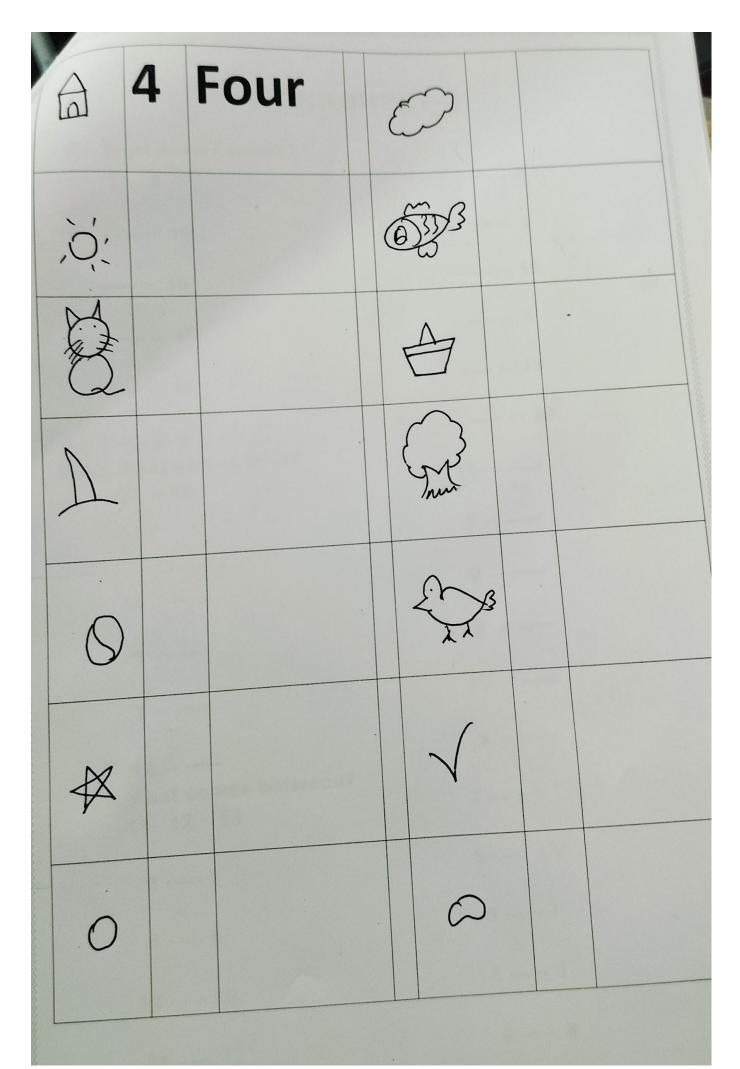
- A) Circle
- B) Rectangle
- C) Triangle
- D) Square



NUMBER NAMES AND NUMERALS

Count each object in the picture and write its numerals and number names. Colour the picture also.





Q1. What comes before?

1 ← **2**

---- ← 6

---- ← 10

---- ← **3**

---- ← 16

---- ← 13

---- ← 18

---- ← **5**

--- ← 12

---- ← 19

— ← 9

---- ← 20

Q2. What comes after?

17 → **18**

19 → **----**

15 → **----**

3 → ----

13 → **----**

9 → ----

6 → ----

18 → **----**

1 → -----

10 → **----**

12 → **----**

2 ---

Q3. What comes between?

11 12 13

7 ---- 9

3 ---- 5

9 ---- 11

4 ---- 6

5 ---- 7

18 ---- 20

1 ---- 3

15 ---- 17

6 ---- 8

NUMBERS

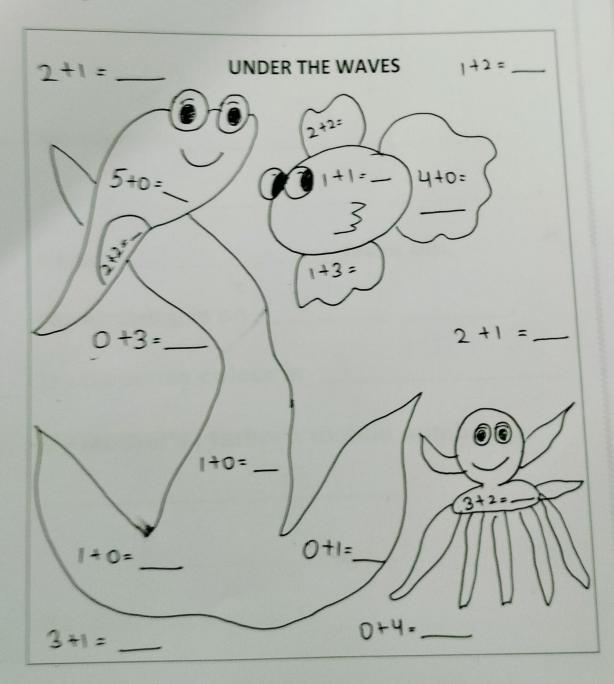
Complete the missing numbers:-

31				35					
		47			50				
23	24					29			
			64						
						77			
80					85				
91		93							
			14			17			
	2						8		
51								59	

ADD AND COLOUR

Add then colour the sums using the colour key below:-

1 - Green 2 - Red 3 - Blue 4 - Yellow 5 - Orange



EVS WORKSHEET-1

ALL ABOUT MY SELF

	PASTE YOUR PICTURE				
wy name is					
l am a					
l am years old.					
My birthday is on _					
My favourite colou	r is				
My mother's / fathe	er's mobile number is				
My favourite seaso	nn ie				

MY FAMILY		
1. Match the fol	llowing:	
Column A		Column B
our father and r	mother	grandparents
our brother and	sister	parents
brother of our fa	ather	siblings
parents of pare	nts	uncle
Q2. Fill in the b	lanks:	
a) My mothers	sister is my	
(aunt / uncle)		
b) A or more childre		parents and one)

c)The children of my uncle and aunt are my

(cousins / siblings)

Q3.Complete the Web Chart :a. **FAMILY** b. **FAMILY**

WORKSHEET-3 MY BODY





Some parts of our body are in pairs while some are single. Separate them into single and pairs. Write in the boxes given below:

eyes	hands	neck	legs
tongue	chin	mouth	cheeks
nose	lips	ears	feet

Single	Pairs

Skill: Analysing parts of the body.